



CAR/CSTR Webinar

Incidental Pulmonary Nodules: What Primary Care Providers Need to Know

January 20th, 2026 @ 7:00 pm – 8:00 pm EST

Location: Zoom (Attendees receive a link once they register)

AGENDA

Overview

This interactive webinar will provide primary care providers and interested clinicians with practical, evidence-based strategies for managing incidentally detected pulmonary nodules (IPNs). Participants will learn to apply current guideline-based approaches to determine appropriate follow-up, communicate effectively with patients and specialists, and implement coordinated care pathways to ensure timely and appropriate management.

Needs Assessment

There is a growing demand for additional educational resources on Incidental Pulmonary Nodules (IPN) among both radiologists and allied primary care providers. Primary care practitioners play a pivotal role in the initial detection and follow-up of IPN, yet variability in practice and limited access to standardized guidance highlight the need for targeted education. In response, this webinar has been developed to address the current and emerging educational needs of primary care providers in the management of IPN. The Canadian Society of Thoracic Radiology (CSTR)—recognized as a national leader in thoracic imaging—has identified IPN as a critical area for interdisciplinary collaboration, aimed at improving confidence, consistency, and patient outcomes in IPN management.

Target Audience

Primary care providers involved in the care of patients with incidentally detected pulmonary nodules or at risk for lung cancer.

Learning Objectives

At the conclusion of *Incidental Pulmonary Nodules: What Primary Care Providers Need to Know*, participants will be able to:

1. **Describe** the epidemiology and common causes of incidentally detected pulmonary nodules and explain the factors contributing to their increasing detection.
CanMEDS Roles: Medical Expert, Scholar
2. **Apply** current guideline recommendations (e.g., Fleischner Society, Canadian Thoracic Society) to determine when nodules require follow-up imaging, surveillance, or specialist referral.
CanMEDS Roles: Medical Expert, Leader

3. **Integrate** patient-specific risk factors (such as age, smoking history, and comorbidities) into individualized management and follow-up plans.
CanMEDS Roles: Medical Expert, Communicator

4. **Communicate** effectively with patients to provide reassurance and clear explanations regarding the clinical significance and next steps for benign or low-risk nodules.

CanMEDS Roles: Communicator, Professional

5. **Collaborate** with radiologists and specialists to optimize diagnostic accuracy and ensure appropriate follow-up through effective communication, documentation, and care coordination.

CanMEDS Roles: Collaborator, Leader, Health Advocate

Program

3:00 – 3:05	Welcome & Introductions <i>Moderator: TBC</i>
3:05 – 3:45	Incidental Pulmonary Nodules: What Primary Care Providers Need to Know <i>Dr. Paula Patino</i>
3:45 – 3:57	Q & A <i>Moderator: Dr. TBC</i>
3:57 – 4:00	Closing, Thank you & Evaluation <i>Moderator: Dr. TBC</i>

Accreditation

This event is a Group Learning Activity (Section 1) as defined by the Maintenance of Certification (MOC) Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Association of Radiologists. This workshop is approved for a maximum of 1.0 hours (credits are automatically calculated).

Participants should only claim the credits commensurate with the extent of their participation in the activity.

Notes

This webinar was made possible through an unrestricted education grant from AstraZeneca.

A recording of the webinar will be available on the CAR Member Portal after the event.

Meet the Speaker

Dr. Paula Natalia Patiño Garzon

Thoracic radiology, Assistant Professor, University of Ottawa



Dr. Patino is an Assistant professor at the University of Ottawa and is part of the Thoracic radiology division at the Department of Medical Imaging at the Ottawa Hospital. She completed fellowships in Thoracic Imaging, Abdominal Imaging, and Women's Imaging at McGill University. Her academic and clinical interests include thoracic image-guided interventions, lung cancer, interstitial lung disease, and medical education. Dr. Patino received an honorarium from AstraZeneca.